

# 6 *Ways to Make Your Family Time the Best Time*

**Your child wants your love** more than anything else. This requires your time and attention. There are a thousand things vying for your attention, but none more important than your family. Family time together is when you get to shape your child's heart and future. But to do this will require you to be intentional. Here are some simple steps to take to make sure your next family time will leave your children smiling and looking forward to many more.

## **1. Turn the electronics off.**

Screens draw your attention away from those around you. During your family time have everyone turn their phones on silent, put the video games controllers away, and turn off the iPods. This goes for parents, too. This is the simplest thing you can do to remove distractions.

## **2. Prepare for your time together.**

You would never show up to a job interview, to give a speech, or to teach a class without preparing what you want to say. Be flexible, but think through two or three words of affirmation you want to speak to your child during your time together.

