

parent resources

7 Steps to Capturing Your Child's Heart

It is normal for you and your teenager to experience seasons of tension. With the raging hormones and emotions that comes with being a teenager, there are bound to be times that the two of you don't see life eye to eye. Many times the tension creates a relational and spiritual gulf that is never bridged. The key is to capture your child's heart when they are young, then you will never lose it. When they are going through the "dark side" of adolescence it is paramount that you fight for their heart. Here are seven steps to help you win their heart and keep it forever.

1. Connect Your Own Heart to God's Heart You can't begin to shepherd your teen's heart unless your own soul is

being fed. Ask God to fill your heart as you seek him in his word just as Jesus did.

"The next morning Jesus awoke before daybreak and went out alone into the wilderness to pray." - Mark 1:35

2. Pray Before Diving In Deep Waters

Our tendency as parents is to jump in and start solving problems without first asking God for His plan. It is important that before you become a solver, you become a seeker of His ways.

"...the Holy Spirit, whom the Father will send in my name, will teach you all things and will remind you of everything I have said to you." - John 14.26